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CONTENT YOU SUBMIT

When using this Site, you may have the opportunity to submit reviews or feedback regarding your experiences with us, and to participate in bulletin boards, chat areas, news groups, forums, communities, personal web pages, calendars, and/or other message or communication features designed to enable you to communicate with the public at large or with a group (collectively, "Communication Services"). You agree to use the Communication Services only to post, send, and receive messages and material that are proper and related to the particular Communication Service.

By way of example, and not as a limitation, you agree that when using a Communication Service, you will not post content that contains:

- Personal and confidential information, including phone numbers, addresses, and health information;
- Vulgar content, including offensive, derogatory, obscene, profane, or inflammatory language or content;
- Threats or personal attacks on others;
- Discriminatory content or hate speech, including content that advocates against groups of people based on their race, ethnic origin, religion, disability, gender, gender identity, sexual orientation, age, or veteran status;
- Misrepresentations, including content submitted fraudulently on behalf of others or that misrepresents the your identity or connection with us or our practice;
- Non-applicable content, including posts that are not specific to us or our practice;
- Advertising or solicitations;
- Illegal content; or
- References to or information about ongoing legal matters or proceedings.

You further agree that you will not:

- Upload files that contain software or other material protected by intellectual property laws (or by rights of privacy or publicity) unless you own or control the rights thereto or have received all necessary consents.
- Upload files that contain viruses, corrupted files, or any other similar software or computer programs that may damage the operation of another's computer.
- Conduct or forward surveys, contests, pyramid schemes or chain letters.
- Download any file posted by another user of a Communication Service that you know, or reasonably should know, cannot be legally distributed in such manner.

Falsify or delete any legal or other proper notices or proprietary designations or labels of the origin or source of software or other material contained in a file that is uploaded.

Restrict or inhibit any other user from using and enjoying the Communication Services.

Violate any code of conduct or other guidelines which may be applicable for any particular Communication Service.

Harvest or otherwise collect information about others, including e-mail addresses, without their consent.

We have no obligation to monitor the Communication Services. However, we reserve the right to review materials posted to a Communication Service and to remove any content that does not comply with these terms or any publicly posted content that includes personal and confidential information. We reserve the right to terminate your access to any or all of the Communication Services at any time without notice for any reason whatsoever. Content uploaded to a Communication Service may be subject to posted limitations on usage, reproduction, and/or dissemination. You are responsible for adhering to such limitations if you download the content. If you would like to remove your own review from this Site, please contact us.

MESSAGING SUMMARY

By opting into our SMS messaging service, you agree to receive text messages from Nygren Chiropractic & Acupuncture LLC regarding your appointments, feedback requests, and office notifications. Message frequency may vary based on your interactions with our services.

Types of Messages:

- Appointment Reminders: Notifications regarding upcoming scheduled appointments.
- Feedback Requests: Requests for feedback on the service you received.
- Office Notifications: Important updates, including changes to our operating hours.

Message Frequency: Messages will be sent periodically based on your appointments and interactions with our office. Frequency may vary depending on the services you utilize.

Message and Data Rates: Message and data rates may apply. Please check with your mobile carrier for details on messaging costs.

Privacy Policy: Your privacy is important to us. Please review our Privacy Policy to understand how we collect, use, and protect your information.

HELP Instructions: For assistance, text HELP to 419-238-4387, or call our team at 419-238-4387.

STOP Instructions: To opt out of SMS messages, text STOP to 419-238-4387. You will receive a final confirmation message, and no further messages will be sent unless you opt back in.

By continuing to use our SMS messaging service, you acknowledge and agree to these terms.

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NOTICES

Please contact us by phone at 419-238-4387 or by mail at 118 1/2 N. Walnut St, Van Wert, OH 45891.